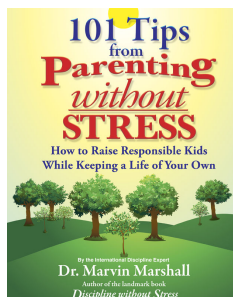


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## 101 TIPS FROM PARENTING WITHOUT STRESS EBOOKS 2019



Author: Dr. Marvin Marshall

Release Date: Expected @@expectedReleaseDate@@

This 24-page e-book contains 101 tips from the multiple-award winning book "Parenting without Stress: How to Raise Responsible Kids While Keeping a Life of Your Own." It is an excellent guide for quick reference. Being a parent can be rewarding and joyful, or it can be frustrating and stressful. Parenting is often fraught with emotional baggage and habits left over from your own childhood. Yet, it is possible to break free of such habits and offer your children guidance without blame or guilt. When you know how to influence your children in positive ways, they will grow as you wish. This does not mean that you can change their nature—no more than a palm tree can be turned into an oak. However, you certainly can nourish your children to become responsible and contributing members of society.

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