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ADVENTURES OF A RUNAMUK MOM THE EARLY YEARS EBOOKS 2019



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This book is a collection of lessons learned from a Runamuk mom. Heather Dugdale lives with her husband and three miniature versions of herself that she calls the Trifecta. Heather has a Juris Doctor degree and is a professional certified fundraising executive. In December 2010, Heather was given the "gift" of answering to THREE bosses (aka her children), rather than continue to work full time outside the home. Very quickly Heather learned all the dirty little secrets her stay at home mom friends never told her and in June 2011 she began chronicling her journey and the "family fun" she created through her blog, Recoveringworkingmom.com. This book is a compilation of the blog's "greatest hits" as well additional tips and tricks along Heather's journey from competent, post graduate educated career mom to mush brained blundering Mommy who is NOT smarter than a 5th grader! Heather has included not only anecdotal stories filled with humor and irreverence, but also tips, tricks, lists and even product suggestions that she wishes she had known sooner.

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