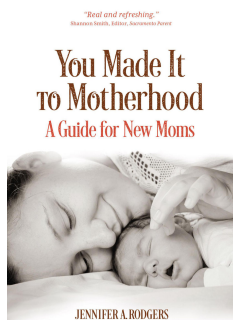


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YOU MADE IT TO MOTHERHOOD A GUIDE FOR NEW MOMS EBOOKS 2019



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This is the moment you have been waiting for, your baby is out in the world and you are now a mom. Congratulations, you made it to motherhood! The joys that come with a new baby often are accompanied by difficult moments too: family adjustment, sleep deprivation, stress, and unrealistic expectations are all common experiences of a new mom. These are trying but wonderful times in your new world with a baby. Getting support from moms who remember these issues and how to solve them can be hard to find. Let You Made It to Motherhood be your guide. The author and contributing moms tell the truth: becoming a new mom has many challenges! But they also offer the help, hope, and advice to cope with these issues. New moms, or moms-to-be, will find reassurance and useful tips to adjust to this exciting transition to motherhood while enjoying their new babies at the same time.

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